** Message Outline**

*When In Rome:*

*Life by the Spirit—Part 1*

**Romans 8:1-17**

**Intro:** Reviewing Romans…

* Romans 5-8: The change of life in Christ and how a Christian battles sin…

-Rom. 5: Jesus reversing the curse…

-Rom. 6: Jesus’ total forgiveness and how not to abuse God’s grace…

-Rom. 7: The fleshly struggle that remains.

-Rom. 8: Relying on life in the Spirit…

**Read:** Romans 8:1-17

**v.1—**“no condemnation”…forgiven! Turn the page!

**v.2—**The Holy Spirit’s reboot of our life…

**v.3-4—**Jesus took on flesh to save our flesh…

* The “flesh” as sinful state of humans…

**v.5-8—**The connection between our mind and our movements (Rom.12:2, Col.3:2)…

**v.9—**Running by the Spirit over the flesh…

**v.10-11—**In this body, still some effects we feel of sin…

**v.12-13—**Our present obligation…but not to the flesh.

**v.14-17—**Adopted into the family of God by way of God’s Son…

**Romans 8 and our Past, Present, and Future**

1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_v.1

* “NOW no condemnation” means your past doesn’t haunt you any longer…
* Living free, not chained to the past…

2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_v.5, 12

* Practicing the SPIRITual disciplines helps grow us in the SPIRIT!
* Walking by the Spirit rather than flesh (cf. Gal. 5:19-25)…

3) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_v.14-17

* Relationship and reign helps give perspective in the pain…

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 **Small Group**

**Reflection Questions**

(Please take time to ponder and pencil in

to prep for this week’s small group session.)

**WELCOME TO SMALL GROUPS!!!**

Purpose: To *build* our FAITH and our FRIENDSHIPS.

*(Faith and friendships are our focus. Building anything though takes time, effort, energy and it can sometimes be a messy process. In the end, it’s all worth it ☺)*

*\*Review Small Group Ground Rules…*

*1) Contribute: Show up prepped up!*

*2) Confidentiality: What’s said in the group stays in the group!*

*3) Character: Be honest! Don’t pretend to be*

*holier-than-thou, nor always a hot- mess.*

*\*Summer Weather Report: Give one summer sunshine report (ie. highlight), and give one summer rain report (ie. lowlight) since last we met…*

*\*Pop Culture Question: In the realm of movies, sports, songs, or books, what’s something mainstream you viewed that made you think deeper about the realm of God this past summer?*

*\*Why did you sign up for small group? What is one thing you hope to gain by joining the group? In other words, what are your expectations this year for small groups?*

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