

Intro: Last week, closed Christmas series on Teaching Tradition...

- Beginning January with New Year's sermons.
- Godly Goals and my faith journey...
- 1Tim.4:8 and the need for physical training AND godly training...
- How can we grow in our spiritual fitness for 2021???
  - -Importance of training our tongue (cf. Prov.18:21)...

## **Read:** James 3

- **v.1**—Sharp words for leaders...
- v.2—Sharp words for all...
- **v.3-6**—Small things that have huge effects...
- v.7-8—Taming (or lack thereof) of the tongue...
- v.9-12—Praising and cursing flowing from same source...not good!
- **4:7-10**—The recipe for success in all matters including our speech...

Godly Goals in our Gabbing	
1)	
	Our hearts are connected to our lips (cf.
	Lk.6:44-45, Jms.1:21, 3:11-12)
•	Tips for the Heart:
	(1:19)
	2 ears and 1 mouth for a reason
	Tips for Listening:
,	(3:2, 8, 4:8, 5:16)
	When we don't get this perfect, there are
	words for that too!!! Confession