## Message Outline

A Doctor's Diagnosis of Jesus: Exercise

### Luke 4:29-5:11

**Intro:** Luke's data from OB/GYN, Pediatrics, Genetics (Lk.1-3) to Diet, Exercise, and Sleep.

**Read:** Luke 4:29-44

**v.29-30**—Facing and moving forward in tense times...

v.31-32—The Word tied to the work of Jesus..

**v.33-37**—Jesus' authority over what binds humanity...

v.38-41—Not isolated incidents...

**v.42-44**—Reactions to Jesus (v.29, 42)...

## Jesus' Exercises

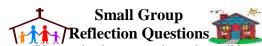
- 1) Exercises authority over C\_\_\_\_\_v.29-30
- 2) Exercises authority over P\_\_\_\_\_v.31-37
- 3) Exercises authority over I\_\_\_\_v.38-40
- 4) Exercises authority over I\_\_\_\_v.42-44

#### **Read:** Luke 5:1-11

- v.1-4—From message to masses to personal message to Simon Peter... "go deep!"
- **v.5**—Frustration mixed with faith...
- v.6-7—Obedience causes new problems...
- v.8-10a—Personal awareness of sinfulness...
  - Jesus doesn't run from but redefines Simon's direction...
- **v.10b-11**—The biggest catch that day...not fish but following Jesus!

# The Personal Training of Following

- "Follow me" is Jesus' training program (cf. Lk.9:23, 57-62).
- Core exercises in following...
  - Progression of surrender: time (v.2-3), pride (v.5), everything (v.11).
  - 2) \_\_\_\_\_(v.8)
    - Lk.13:3, 15:10, 2Cor.7:10...
  - Following means Jesus does the leading!



(Please take time to ponder and pencil in to prep for this week's small group session.)

Read: Acts 18-19

\*What do you observe about the early church in Acts?

\*What spoke to you this past Sunday (ie. what made you laugh, learn, look deeper at life etc.)?

\*Take some time this week to skim thru some healing stories of Jesus (cf. Lk. 4-5, 8-9 etc.). Which miracle would you most like to have seen? Why? What do these events say about Jesus?

\*We know what Simon said, but what do you think Simon was thinking when Jesus told him to put down the nets in the deep for a catch?

\*Simon seems to have known Jesus prior to the events at the lake (4:38, 5:1), but it was at the lake his life would forever change for him. Can you think of a specific time Jesus "stepped into your boat" and challenged you to go deeper with Him?

\*Some of Simeon's change of direction involved walking away from things (namely his boat/catch). What do we need to walk away from in order to follow more closely to Jesus?

\*What does it mean to be "fishers of men?"